



Able Seaman Marlinspike Practical Demonstration

Student Name: _____

Proctor Name: _____

Date: _____

Students Must Tie Each of the Below Knots in 15 Minutes or Less **Proctor to initial if Student Successfully Completes Task**		
Knot	Proctor Initial	Comments
Bowline		
Square		
Clove Hitch		
Sheet Bend		
Student Must Tie Four of the Below Knots in 15 minutes or less		
Carrick Bend		
Rolling Hitch		
Stop Hitch		
French Bowline		
Stage Hitch		
Running Bowline		
Bowline on a Bit		
Fishermen's Bend		
Timber Hitch		
Cat's Paw		
Figure 8		
Barrel Hitch		
Round Turn & Two Half Hitches		
Becket Bend		
Double Becket		

Proctor Notes: _____



Lifeboatman Limited Practical Demonstration

Student Name: _____

Proctor Name: _____

Location or Vessel: _____

Date: _____

Rescue Boat Type: Life Raft _____, Rescue Craft _____, Inflatable _____, Other _____

Students Must Demonstrate Each of the Below Tasks		
Proctor to initial if Student successfully completes task		
CFR Reference	Task	Proctor Sign-Off
46 CFR § 12.409(b)(4)(i)	Demonstrate ability to take charge of a rescue boat, life raft, or other lifesaving apparatus during and after launch	
46 CFR § 12.409(b)(4)(ii)	Operate a rescue boat engine	
46 CFR § 12.409(b)(4)(iii)	Demonstrate ability to manage survivor & rescue boat after launch	
46 CFR § 12.409(b)(4)(iv)	Demonstrate ability to safely recover rescue boat	
46 CFR § 12.409(b)(4)(v)	Demonstrate ability to use locating & communication device, such as EPIRB, SART, or flare	

Proctor Notes: _____
